



# The Upward Bounder

## TRIO Upward Bound Programs Leeward Community College

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### Director's Desk

Aloha all,

I hope all of you made it through the first quarter with the grades you wanted! If not, we will be making sure tutors are available to help you during the second quarter. Seniors, I hope you are all ready for the Senior Retreat we will be having at Camp Kokokahi. We will be working intensely on items vital for your survival in college! Juniors, I hope you're getting your resumes ready, as the Discover Card Scholarship deadline will be coming up before you know it. Don't forget the PSAT also, as we will be going over the College Quick-start Program which all of you will be able to use after taking the exam. Sophomores, I hope you have also signed up for the PSAT because it helps you to see what you need to study in order to improve on your SATs at the end of your junior and senior years.

We are also starting our recruiting process. If you have any friends you think would benefit from our Programs and can make a commitment to working with us through graduation, please make sure he/she gets an application. If you are free during some of your classes on the days we are at your school, check with your teacher and ask if you can accompany us to our classroom presentations.

Lastly, I want to make sure everyone is making use of our Web site. Rhonda works hard at keeping it up-to-date, and most of what you need can be accessed through the site. The url is rather lengthy, however you can search for "leeward upward bound" and you will usually see our web-site at the top

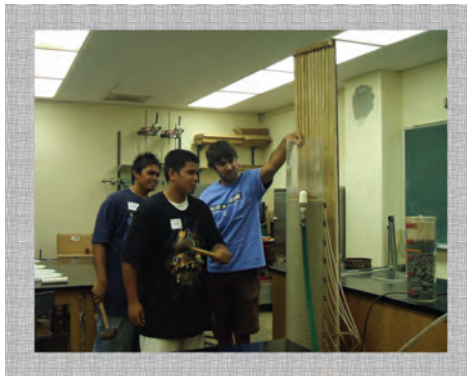
of the list. I will periodically post a question on the site, and the person who correctly answers the question by sending the answer to the program's e-mail will win a gift card.

I hope to see more of all of you as the year progresses. If you ever need to see or talk to me, please feel free to drop in or e-mail me.

Mahalo, James

### Furlough Fridays by Jason George

As you've all heard by now, you won't have school on several Fridays this year because of the state's budget problems. Those furlough days are an opportunity for you to catch up on your work and plan ahead for longer-term projects. You should not think of these Fridays as just a "day off" from school. Use your time wisely to make sure you continue learning. After all, your finals, SATs and AP exams won't get any easier just because of the furlough days. *(continued on back)*



Students took part in demonstrations and presentations at the University of Hawaii's Engineering Day. They ended the day with a hike along the Ka`Iwi Scenic Shoreline.

Upward Bound wants to help, and we will be offering activities and lessons on the furlough Fridays. More information will be coming, but plan on joining us during the afternoon on October 23 for the first "Friday Academy" with Upward Bound.

## Seniors & Applications

by Jason George

Don't forget that there are several scholarships with deadlines this month. You should find out if you are eligible for the Gromet Foundation, Horatio Alger, and Coca-Cola scholarships, and then apply. Upward Bound advisors and tutors can help you with these applications.

You should also have a good idea by now of the colleges where you will apply, and you should be working on those applications. It is important to keep in mind your range as you settle on your final list:

- A couple colleges on your list should be reach schools. These are ones where you are not likely to be accepted, but where you could succeed academically if you are accepted.
- About 3-4 colleges should be good fit schools. These colleges match up well with your grades and test scores. Most students end up attending one of their good fit schools.
- You should also have a couple of safe bet schools on your list. These are colleges where your chance of being accepted is quite high.

Lots of students focus a great deal on their reach and safe bet schools but not as much on their good fit schools. Reach schools tend to be the better-known, more prestigious mainland schools. However, there are plenty of mainland colleges that will fit into a student's good fit category and that will provide an excellent education.

If you aren't sure where a particular school fits for you, you need to do more research. You should also be sure to keep in regular contact with your guidance advisor about your college choices.

## Waimea Valley

by Hazel Quitog

Think lush. Think green. Think waterfalls! Get ready for another exciting day at Waimea Valley on Saturday, October 24, 8:30 a.m. We'll visit this

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Happy Birthday!</b> 10/12 Larmay Shane Bocoboc 10/17 Criz Ann Bio 10/24 Genardine Arizala 10/25 Amber Kaulia 10/28 Robert Firme			1 Farrington Nanakuli	2	3 Sophomores Start: 10/03/2009 9:00 am End: 10/03/2009 3:00 pm
4 Fall Intercession	5 Fall Intercession	6 Fall Intercession all day Senior Retreat	7 Fall Intercession all day Senior Retreat all day	8 Fall Intercession all day Senior Retreat End: 10/08/2009	9 Fall Intercession End: 10/09/2009	10 Juniors Start: 10/10/2009 9:00 am End: 10/10/2009 3:00 pm SAT Testing
11 Leilehua	12 Waianae	13 Campbell Waipahu	14 Farrington Nanakuli	15 Manoa Experience & SOEST Open House (all)	16	17
18 Leilehua	19 Waianae	20 Campbell Waipahu	21 Farrington Nanakuli	22 UB Activity (TBA) Public School Closed	23 ACT Testing Waimea Valley (all)	24
25 Leilehua	26 Waianae	27 Campbell Waipahu	28 Farrington Nanakuli	29 UB Activity (TBA) Public School Closed	30 Halloween	31

Check the Web site often for calendar updates and photo from recent activities!

historical nature park located on the North Shore. It's full of Hawaiian history with over 5,000 varieties of plants and nearly three dozen species of birds.

So, how much does it cost to get in? Admission is free. However, as part of the Upward Bound tradition, you do have to work for it first. In efforts to preserve Waimea Valley, we'll be putting our hands, legs, and backs to good

use by attaining community service hours in the morning. In the afternoon, don't forget about the Falls. Can you swim in the Falls? No, too many rocks. But you can swim in the pool below the falls. Hahahaha. Gotcha!

Talk with your guidance advisor ASAP and turn in your Volunteer Waiver Form. The staff at Waimea Valley are expecting over 70 hard-working UBers, so please sign up.