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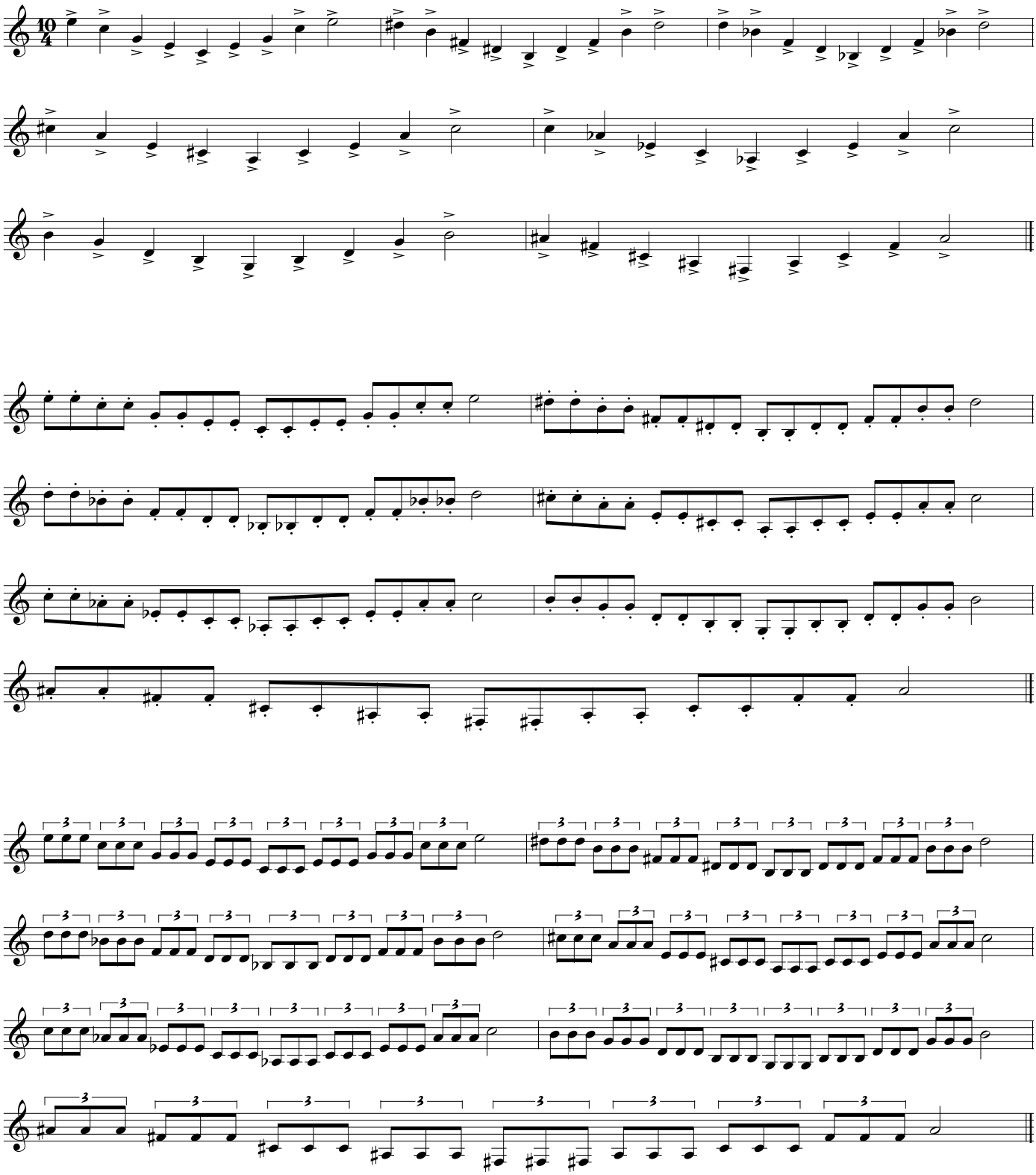

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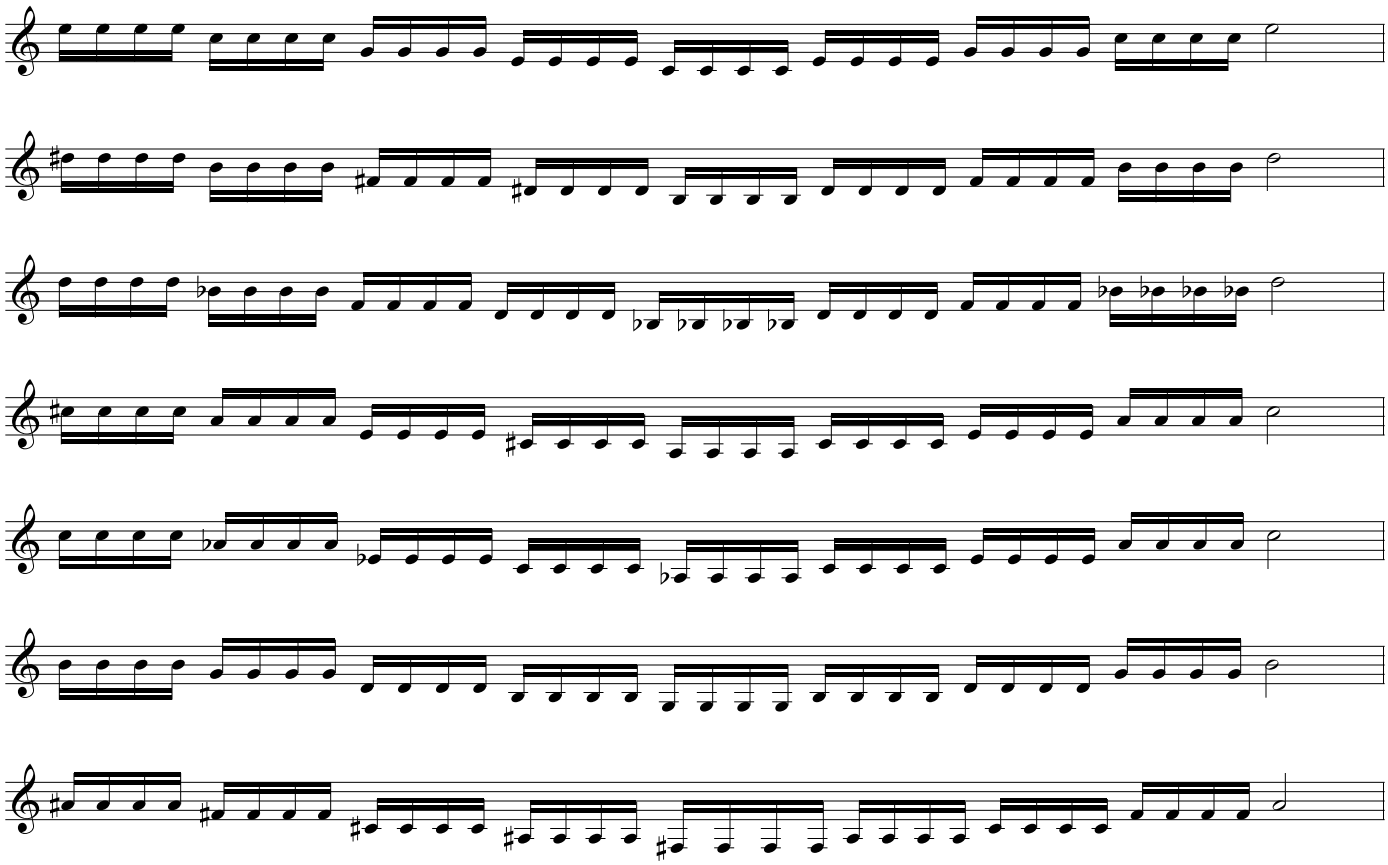

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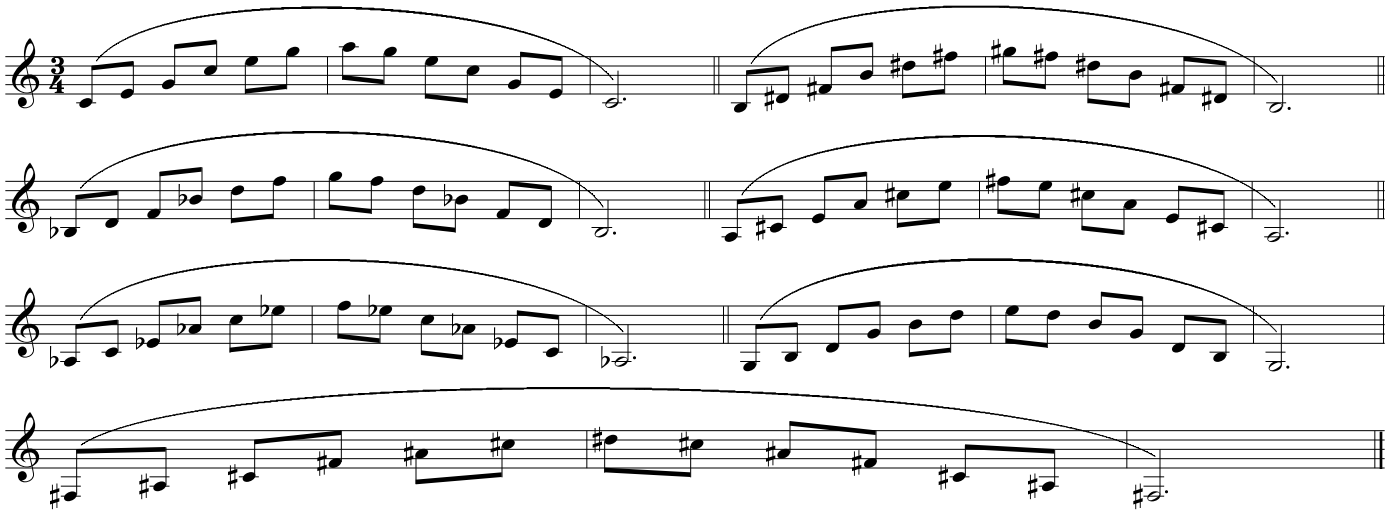
Schlossberg #23



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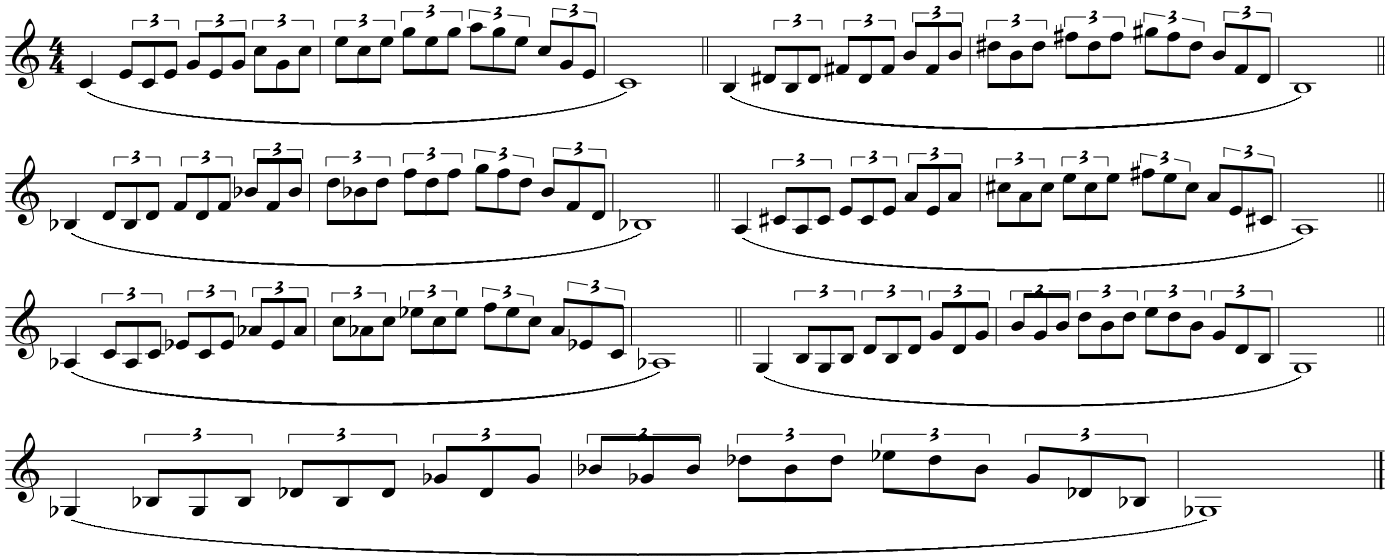

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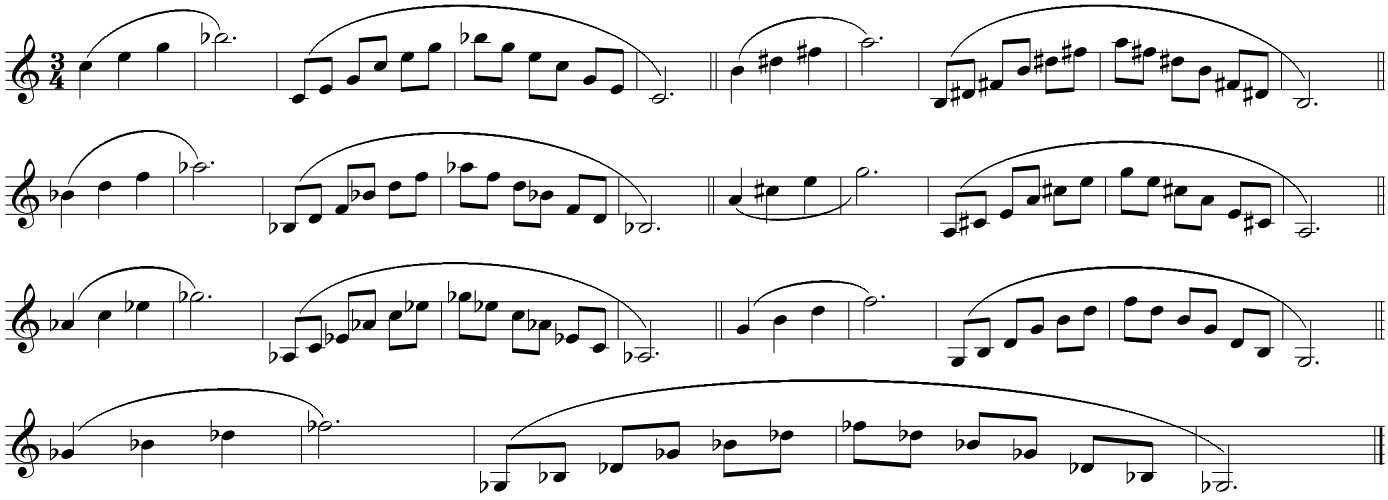

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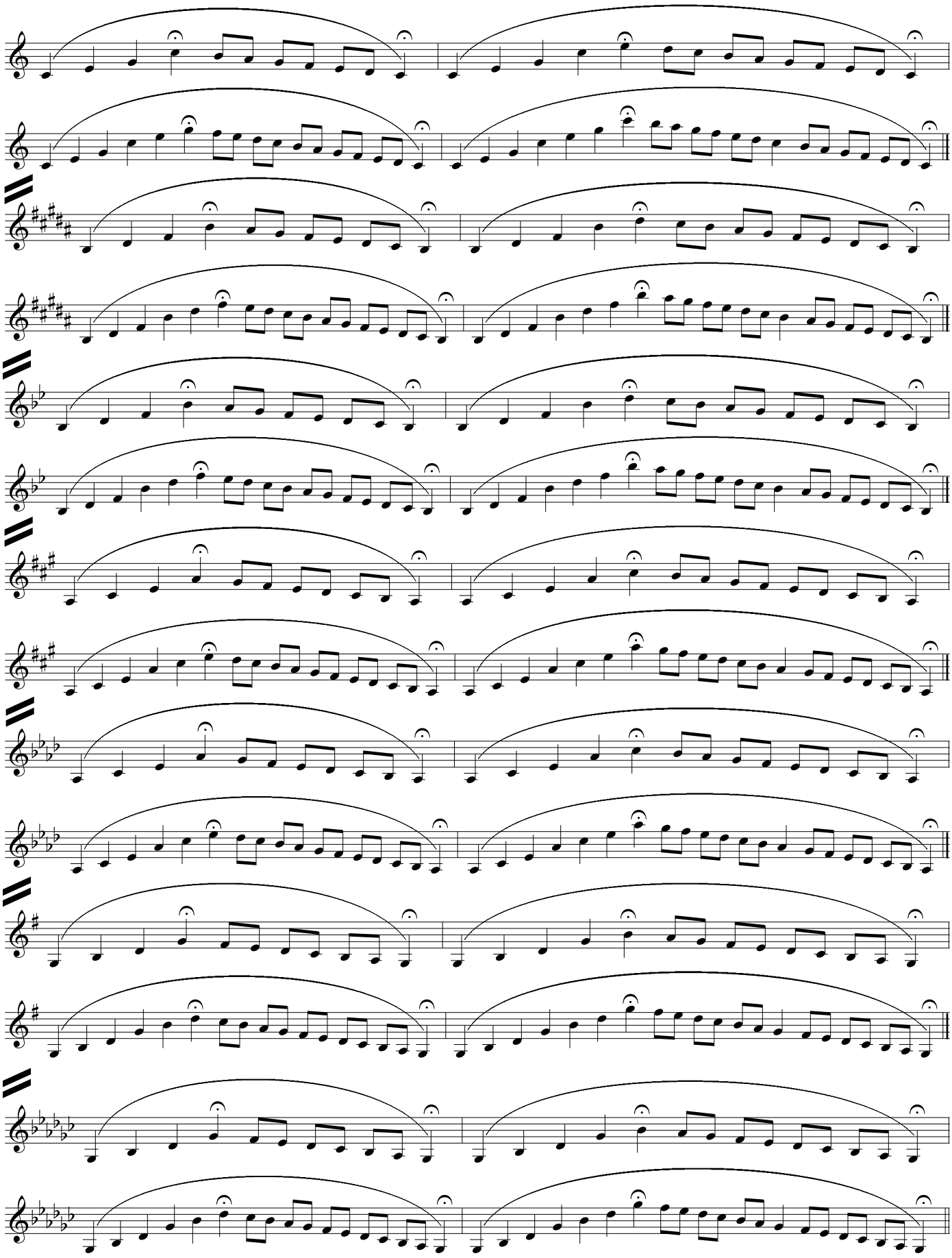
Schlossberg #95



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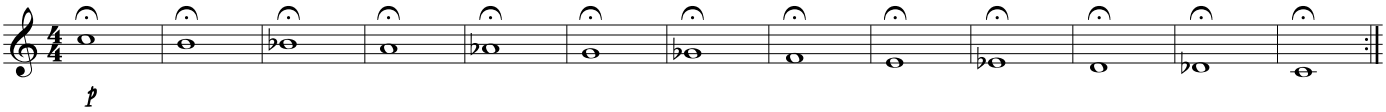
Endurance Studies

To only be played at the end of a practice period.
REST for at least 3 hours after doing any of these studies.
ONLY do one study in any practice period.

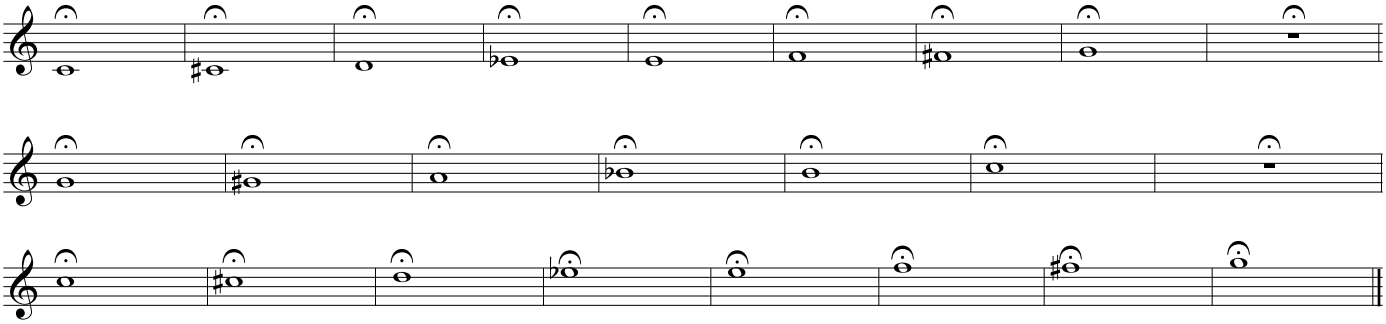
1

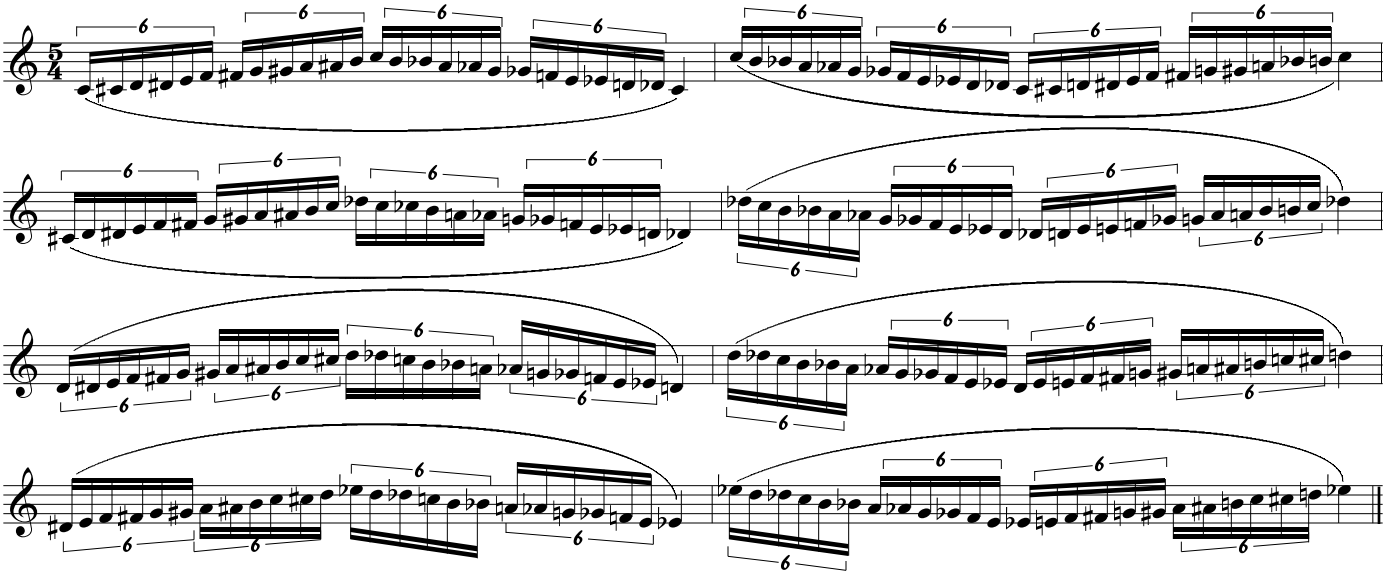
Hold each note as long as possible (I usually hold each pitch for 20-30 seconds).
Do not take the mouthpiece from the lips when you breathe.
Try to keep the embouchure firm at all times.
Some people recommend breathing through the nose so as to keep the lips in position.
Repeat the exercise until you cannot play and sustain the starting note (C), even after 3 tries.



2

Hold each note as long as possible (I usually hold each pitch for 20-30 seconds).
Do not take the mouthpiece from the lips when you breathe.
Try to keep the embouchure firm at all times.
At the rest that ends each line, put the horn down and rest for 60 seconds.
If you become too tired to play a note, give it three tries then put away the trumpet.



Long line chromatics

Continue the pattern, moving up by half steps
Keep the mouthpice upon the lips
When you cannot hit the top note after 3 tries, put the horn down and rest 90 seconds
Continue higher until you cannot reach the top note after 3 tries. Then rest another 90 seconds
Continue this approach until you cannot move any higher
This exercise is excellent for range development when played quickly and endurance development when played slowly.